



# Inspirational

## ASHT LEADERSHIP QUOTES

**“The American Society of Hand Therapists has now arrived at a point along the path of achieving the professional recognition we have desired; however, with this increased recognition comes a greater responsibility to each one of us as professionals.”**

**BONNIE OLIVETT, OTR, CHT**

1979 PRESIDENTIAL ADDRESS

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**“Our objective by setting standards is not to establish an elite group, but rather to promote members of an organization that expands its influence across the nation, representing competence and providing the highest quality of patient care.”**

**KAREN PRENDERGAST LAUCKHARDT, MT, PT, CHT**

1980 PRESIDENTIAL ADDRESS

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**“The Society has become a mooring of a kind, personally, professionally and family. It has helped prevent fatigue, frustration, anger and depression of overload externally and internally.”**

**GLORIA HERSHMAN, OTR, FAOTA**

1981 PRESIDENTIAL ADDRESS

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**“It will be by the efforts of each one of us by participating in Society activities that new programs or the modification of ongoing programs will meet these goals. Accept the challenges, add your own and pass it on!”**

**EVELYN MACKIN, PT**

1982 PRESIDENTIAL ADDRESS

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**“We are told that our Society serves as a role model, depicting the first time that OTs and PTs have not only worked peacefully and constructively side by side, but also, have even enjoyed the experience.”**

**PEGGE CARTER, OTR**

1983 PRESIDENTIAL ADDRESS

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**“Make certification a priority item for budgeting and manpower.”**

**MARY KASCH, OTR, CVE, CHT**

1984 PRESIDENTIAL ADDRESS



**“Cost containment and health planning imperatives almost assuredly mean that unless we act in a responsible and accountable manner, which probably means pursuing certifications and standards, government will act, and when it does, it will most probably be in a way that is largely adversarial toward our profession.”**

**GEORGIANN LASETER, OTR, FAOTA**

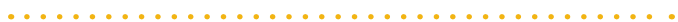
1985 PRESIDENTIAL ADDRESS



**“We must not let our mistakes hinder our progress, but learn from them and combine them in a delicate balance with our quest for solutions.”**

**SHELLYE BITTINGER GODFREY, OTR/L, CDE, CHT, CWS**

1986 PRESIDENTIAL ADDRESS



**“The beauty of ASHT is that as one person moves out of an activity, there is another ready to move in and continue with the work. Our new members each year bring talents and energy that in the future will guide us through as yet uncharted courses.”**

**ANNE CALLAHAN, MS, OTR/L, CLT**

1987 PRESIDENTIAL ADDRESS



**“The thing we have the greatest resistance to may be the most liberating to experience and the unused and inexperienced parts of ourselves can present the greatest explosions of energy when finally released.”**

**LYNNLEE FULLENWIDER, OTR/L, CHT**

1988 PRESIDENTIAL ADDRESS

**“Validation has been asked of us in the past, but nothing like it will be in the future.”**

**NANCY CANNON, OTR, CHT**

1989 PRESIDENTIAL ADDRESS



**“The everyday consistency of your practice, the manner in which you integrate technology, the standards of clinical care you demand of yourself and those around you, the accountability for cost-effective services and the way you choose to practice — all will frame the future for the generation of hand therapists who follow you.”**

**JUDY COLDITZ, OTR, CHT, FAOTA**

1990 PRESIDENTIAL ADDRESS



**“Our careers as we naively envisioned them at graduation will no longer exist in their present form...it is time we accept responsibility for our contributions to the healthcare crisis and begin to contribute to solutions.”**

**PATRICIA TAYLOR-MULLINS, PT, CHT**

1991 PRESIDENTIAL ADDRESS



**“The future is open and infinitely flexible. We can influence its direction by our actions or our inactions.”**

**JANET WAYLETT-RANDALL, OTR, CHT**

1992 PRESIDENTIAL ADDRESS



**“I believe that passion is the single ingredient necessary for engaging the mind, body and spirit in daily living. And it has the ability to engage others so that the ideas turn into action.”**

**HEIDI WRIGHT, MBA, OTR, CHT**

1993 PRESIDENTIAL ADDRESS



**“I know that the compassion and professionalism of therapists will find a way to turn the new healthcare environment into one where we and our patients flourish.”**

**JAMES KING, OTR, MA, CHT**

1994 PRESIDENTIAL ADDRESS



**“We can either do nothing and let others define our role in the changing marketplace, or we can be leaders in directing that change.”**

**MISSY DONNELL, OTR, CHT**

1995 PRESIDENTIAL ADDRESS



**“We must remember that we became hand therapists because of our sense of wonder at the intricacy and function of the hand. That, while much has changed in the external environment, our fundamental purpose remains. We must always remain the patient’s advocate.”**

**VALERIE HOLDEMAN LEE, PT, CHT**

1996 PRESIDENTIAL ADDRESS

**“In fact, I believe that the hands are among the most important parts of a human being, third only to the brain that guides us and the heart that drives us. After all, it is the hand that carries out what the mind and heart desires. You are the architect of the future!”**

**TERRI WOLFE, OTR/L, CHT**

1997 PRESIDENTIAL ADDRESS



**“It is a great task before us to continue the dedication of those past and present and to take charge of our own destiny rather than leave it to those who would dictate it for us. We did not accept anything less than excellence in therapy when this organization began, when we were told it could not be done. Why should we now?”**

**JUDY BELL-KROTOSKI, OTR, FAOTA, CHT**

1998 PRESIDENTIAL ADDRESS



**“When I thought about how hand therapists could overcome adversity and shape the 21st century, I thought about one of the basic tenets of occupational therapy — therapeutic use of self. By using our own strengths and skills we can overcome adverse situations and have an impact on the future, whether the difficulties be patient or management related. Hand therapists have mastered one of the ultimate techniques in the therapeutic use of self, by the use of a healing touch.”**

**JOAN SULLIVAN, MA, OTR, CHT**

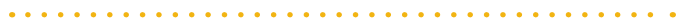
2000 PRESIDENTIAL ADDRESS



**“It is with hope that our patients come to us; it was with hope that ASHT was founded 24 years ago; it is with hope that we look at where we are going. Our flame is burning bright, showing us the way. I hope that we all continue to keep the flame ignited within ourselves, in each other and in hand therapy.”**

**LAUREN B. RIVET, LOTR, CHT, FAOTA**

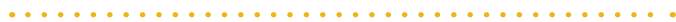
2001 PRESIDENTIAL ADDRESS



**“Volunteering gives you a new facet of your profession to explore. It expands your horizons and reenergizes.”**

**GINGER CLARK, OTR, CHT**

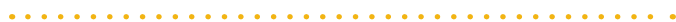
2002 PRESIDENTIAL ADDRESS



**“It is my hope that our hand therapy organizations will create a culture of interdependence with values and initiatives that effectively serve all members of the hand therapy family, our patients and our society at large.”**

**BILL WALSH, MBA, MHA, OTR/L, CHT**

2004 PRESIDENTIAL ADDRESS



**“Find a mentor, be a mentor, become a collaborative partner and share your wisdom and collegiality with the next generation; ensure the security of our profession and ASHT....and prosper bringing new innovations and possibilities to hand care!”**

**DONNA BREGER STANTON, OTD, OTR/L, CHT, FAOTA**

2005 PRESIDENTIAL ADDRESS

**“During complex times, change comes at us at an accelerated pace. During these times, it is essential that decisions and actions be guided by core values — those that go back to our roots. We do indeed find our strength in our roots, but meeting present day challenges and embracing changes will keep us strong.”**

**CHRISTINE MUHLEMAN, OTR, CHT**

2006 PRESIDENTIAL ADDRESS



**“Show the people you lead their value. Know your people and make them part of the decision process. Leadership is about empowering people we interact with every day, whether they are a co-worker, the CEO or your patient. To be successful as a leader you have to convince others that you are worthy of being followed.”**

**STACEY DOYON, OTR/L, CHT**

2007 PRESIDENTIAL ADDRESS



**“As much as I have gained from my mentors over the course of my life and my career, I have gained even more success, pride, strength and power by taking on the responsibility of being a mentor to others. “**

**PAIGE KURTZ, MS, OTR/L, CHT**

2008 PRESIDENTIAL ADDRESS



**“The success of hand therapy is based on three core foundations: transdisciplinary knowledge, sharing/collaboration, evidence-based decision making and patient centeredness. We share a common bond that is our passion for hand therapy. It is our challenge to keep the torch burning, sustain our core values and continue to advance our legacy of providing high-quality, evidence-based, patient-centered care.”**

**JOY MACDERMID, BSCPT, MSC, PHD**

2009 PRESIDENTIAL ADDRESS



**“Hand therapists combine clinical experience, patients’ values and the best scientific research so that we, much like Walt Disney, can become dream makers. ASHT is committed to evidence-based practice because this is our best path toward making our patients’ dreams of recovery come true.”**

**PEGGY BOINEAU, OTR, CHT**

2010 PRESIDENTIAL ADDRESS

**“I have spent much of my career fascinated by the dexterity and agility of our hands. How we seemingly have independent finger function that allows one to perform difficult strokes for a piano concerto, yet in reality, the fingers are moving together, some with very little independence. How is it that the hand works so magnificently as one unit? So precisely, so thoughtfully? Can we use the following allegory of the hand to define and guide our collective story and our specialty? — Many different parts, all moving together in the same direction for the same purpose.”**

**DORIT AARON, MA, OTR, CHT, FAOTA**

2012 PRESIDENTIAL ADDRESS



**“The gold standard in hand therapy is the community of professionals who continually seek wisdom by asking the next question.”**

**MAUREEN HARDY, MS, PT, CHT**

2014 PRESIDENTIAL ADDRESS



**“In today’s healthcare climate, working together, we (hand therapists) are strong enough to overcome the challenges to our practice and seek new opportunities to deliver the value of hand therapy. We need to amplify our impact by expanding our expertise to new patient populations, facilitating knowledge translation and by branding our expertise to optimize movement of the hand and upper limb.”**

**JANE FEDORCZYK, PT, PHD, CHT**

2015 PRESIDENTIAL ADDRESS





**“The takeaway for us is this: If you want someone who is not a hand therapist to remember your message, tell them a story, not just a statistic. If we want people to join our hand therapy army, touch their heart. One of the joys of our practice is that we change individuals’ lives on a regular basis. Tell them about one of your patients. Tell them about your clinic. Tell them a story and they’re more likely to remember what you had to say and feel compelled to act on behalf of you and your patients.”**

**BARBARA WINTHROP, OTR, MA, CVE, CHT, FAOTA**

2016 PRESIDENTIAL ADDRESS

**“Without members, we lose our voice and are solely represented by others. Without an interactive and engaged membership, we turn the clock back 40 years, and we allow others to designate our professional roles, responsibilities, practice parameters and scope of research. Please continue your membership, look to ASHT first for professional education and resources and help us grow our community.”**

**GARY SOLOMON, MBA, OTR/L, CHT**

2017 PRESIDENTIAL ADDRESS

**“Listening...explaining...and touching the patient truly represent the art of hand therapy.”**

**EVELYN MACKIN, PT**

1986 INAUGURAL NATHALIE BARR LECTURER

**“Not only is the door now open for much future collaboration, but the hand therapist can stand equally with the physician in her contribution to the field of definitive hand management.”**

**MAUDE MALICK, OTR**

1987 NATHALIE BARR LECTURER

**“Life is not just freestanding success; it takes perseverance. And I stand in awe of what we have accomplished.”**

**JUDITH BELL-KROTOSKI, OTR, FAOTA, CHT**

1988 NATHALIE BARR LECTURER

**“We must each make a commitment to ourselves and our patients to seriously question all that we do. Cookbook approaches must be fervently avoided.”**

**ELAINE FESS, MS, OTR, FAOTA, CHT**

1989 NATHALIE BARR LECTURER

**“The original philosophical concept of hand therapy was that we had something more than most PTs and OTs — including a desire and skills to play the game at a higher level.”**

**GLORIA DEVORE, OTR**

1990 NATHALIE BARR LECTURER



**“...excellence can be obtained if you...**

- **Care more than others think is wise**
- **Risk more than others think is safe**
- **Dream more than others think is practical**
- **Expect more than others think is possible”**

**MARY KASCH, OTR, CVE, CHT**

1991 NATHALIE BARR LECTURER

**“The improved function of our patients is one of the ultimate rewards of hand therapy. Hand therapy touches not only hands, but hearts, minds and livelihoods.”**

**BONNIE OLIVETT, OTR, CHT**

1992 NATHALIE BARR LECTURER

**“If we never permit our high convictions and high standards for quality patient care and genuine caring to have any less importance in the future, our professions will continue to prosper in the years to come.”**

**NANCY CANNON, OTR, CHT**

1993 NATHALIE BARR LECTURER

**“When it comes to our science, we have to be vigilant in our pursuit of excellence; we have to set a high standard and we just cannot accept anything less.”**

**KEN FLOWERS, PT, CHT**

1994 NATHALIE BARR LECTURER

**“We make choices. Our destiny is in our own hands. Time moves forward, we have only the moment, and as human beings, we have a pretty short shelf life.”**

**CAROLINA DELEEUW, MA, OTR**

1995 NATHALIE BARR LECTURER

**“We choose our next world through what we learn in this one. Learn nothing, and the next world is the same as this one. All the same limitations and lead weights to overcome.”**

**ROSLYN EVANS, OTR/L, CHT**

1996 NATHALIE BARR LECTURER

**“What a wonderful and passionate thing our patients give us — when in life are we allowed to touch someone so closely, so trustingly?”**

**LYNLEE FULLENWIDER, OTR/L, CHT**

2002 NATHALIE BARR LECTURER

**“In my opinion, both the scientific articles and posters are the most important part of the ASHT Annual Meeting. They often get the least attention of the events at this meeting, particularly during promotion of the meeting. The scientific articles and posters teach us new concepts, validate older ones and establish justification for our practice (or not!). New ideas for clinical practice are often generated from the studies presented during the meeting.”**

**SUE MICHLOVITZ, PT, PHD, CHT**

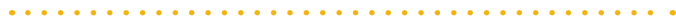
2008 NATHALIE BARR LECTURER



**“Science is a never-ending story as it evolves to move truth forward.”**

**MAUREEN HARDY, MS, PT, CHT**

2010 NATHALIE BARR LECTURER



**“Accept that we are trying to marry our clinical experience and the evidence with the novelty that each patient brings to the clinical situation.”**

**PAUL LASTAYO, PT, PHD, CHT**

2013 NATHALIE BARR LECTURER



**“We all need a circle of persons to help us grow**

- **Mentoring is such a circular event of giving; learners learn from mentors who in turn learn from learners**
- **When we advocate for our profession, we need to be able to deliver our services!**
- **Who can you draw into your and our hand therapy circle?**
- **How can you grow yourself and others?”**

**CAROLINE STEGINK-JANSEN, PT, PHD, CHT**

2016 NATHALIE BARR LECTURER

**“There is a relatively simple way to extend our reach to future generations of hand therapists. We need to get out of the way. Step aside as not to impede their progress, but carefully support them, advocate for them, and protect them as they pursue the journey towards competence. Give our newest members, the students in our clinics, and our pre-CHT colleagues the opportunity to test ideas that are different than ours.”**

**REBECCA NEIDUSKI, PHD, OTR/L, CHT**

2017 NATHALIE BARR LECTURER