

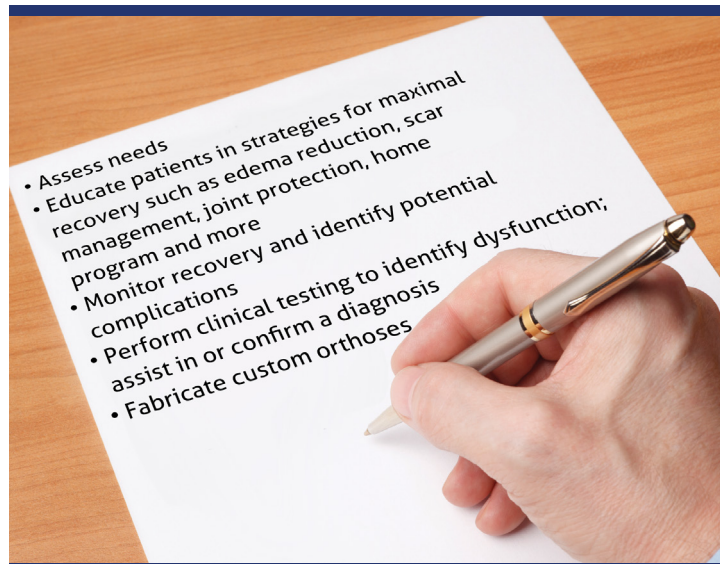
Why Should I Refer My Patient to a Hand Therapist?

Hand therapists are occupational or physical therapists who, through advanced study and experience, **specialize** in treating individuals with conditions affecting the hands and upper extremity.

To obtain the CHT credential, a hand therapist must practice as an OT or PT for a minimum of **three years**, accumulating at least **4,000 hours** of hand and upper extremity experience. Hand therapists must also pass a rigorous certification examination to demonstrate their competency in the practice of hand therapy.

Hand therapists have extensive **knowledge** and **experience** with regard to upper extremity anatomy, physiology and tissue healing and possess a mastery of post-operative protocols for complex conditions.

Therapeutic Interventions

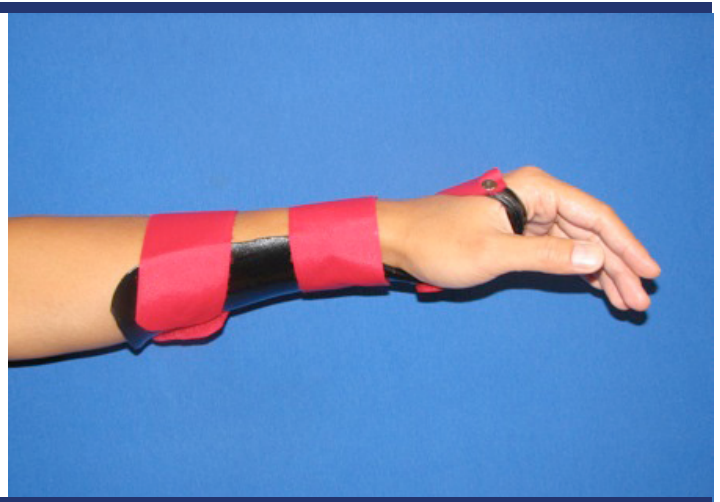


What Can Hand Therapists Do For My Patients?

Hand therapists provide specialized, skilled care to individuals with simple to complex upper extremity conditions or injuries. They deliver **hands-on** care that is critical to efficient and successful outcomes, allowing patients to return to the highest level of function.

Diagnoses Skillfully Managed by Hand Therapists

- Repetitive strain injuries
- Fractures and dislocations
- Tendon injuries and repairs
- Osteoarthritis including thumb basal joint
- Sports injuries
- Rheumatoid arthritis
- Burns
- Neuropathy



How Can I Find a Hand Therapist?



**American Society
of Hand Therapists™**

American Society of Hand Therapists
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