



2019
Hand Therapy Review Course
Faculty Profiles

Washington University
St. Louis, MO

April 12-14, 2019

Stacy Baker, OTR/L, CHT



Stacy Baker works at Washington University Program of Occupational Therapy – Milliken Hand Rehabilitation Center. She graduated from Maryville University in 2009 and since has worked in hand therapy between Milliken Hand Center in St. Louis and Shriners Hospital for Children in St. Louis.

Stacy has been working full time at Milliken Hand Rehabilitation Center for four years and obtained her CHT in 2016. Her focus and passion has been in pediatric hand therapy, congenital hand difference, trauma and sports related injuries. She has been an ASHT member since 2017. She is a member of the Technology and Communication Committee for ASHT since 2017. She works with pediatric to adult patients.

Hannah Gift, OTR/L, CHT, COMT, CEAS



Hannah is an OT/upper extremity specialist at SSM Health Physical Therapy in St. Louis, Missouri. She completed the Philadelphia Hand Therapy Fellowship in 2012 and he received her certification in orthopedic manual therapy of the upper extremity in 2017. She is the Hands on Orthotics lead for the ASHT Education Division and also teaches upper extremity principles to OT students at Saint Louis University, Washington University in St. Louis, and Maryville University.

Cindy Glaenzer, PT, CHT



Cindy received her Bachelor of Science in Physical Therapy degree in 1981 from Washington University School of Medicine in St Louis. She became a Certified Hand Therapist in 1993. Cindy has been a lecturer and lab assistant in the Doctoral Program of Physical Therapy at Washington University and St Louis University for many years. Her teaching responsibilities include hand therapy focus study, upper extremity evaluation and treatment and her favorite, splinting. Cindy was also a Course Master at Washington University. She has maintained a clinical practice as the Supervisor of the Hand Therapy Clinic at Belleville Memorial Hospital in Belleville, IL, since 1993 and prior to that worked for 10 years at Washington University/Barnes Hospital in the Orthopedic Center for Upper Extremity Rehabilitation. Cindy enjoys being inspired by nature while traveling, hiking and scuba diving with her children, Bryan and Katelyn.

Susanne Higgins, OTD, OTR/L, CHT



Susanne graduated from the University of Illinois with a Bachelor of Science degree in Occupational Therapy in 1981. She earned her Master of Health Sciences degree at the University of Indianapolis in 2010 and completed her doctorate in occupational therapy at Rocky Mountain University of Health Professions in 2016.

Susanne has been a Certified Hand Therapist (CHT) since 1992 and a charter member of the ASHT since 1988. She serves on the Education Division of the American Society of Hand Therapists. She is the co-chair of the Work and Industry SIS for the Illinois Occupational Therapy Association.

Susanne is an Assistant Professor of Occupational Therapy at Midwestern University and for over 15 years has been teaching courses such as kinesiology, orthotics, upper extremity rehabilitation, physical agent modalities, anatomy along with administration, leadership and program development. She has presented continuing education courses on a variety of topics related to upper extremity rehabilitation locally and internationally. Her clinical experience is in outpatient orthopedics in the western suburbs of Chicago.

Lorna Kahn, PT, CHT



Lorna Kahn, PT, CHT, is a graduate of Washington University. She has been a hand therapist for over 20 years and is currently employed by the Milliken Hand Rehabilitation Center with The Rehabilitation Institute of St Louis. As liaison to the Center for Nerve Injury and Paralysis at Washington University for ten years, Lorna has developed a sub-specialty in the area of peripheral nerve. She presents both locally and nationally and has coauthored several papers on the subject of nerve transfers. Lorna has been a guest lecturer and lab assistant at the Washington University Physical Therapy program for over 20 years.

Rose McAndrew, MS, OTR/L, CHT



Rose is a 2003 graduate of Washington University Program in Occupational Therapy and has been a CHT for nine years. In 2017, she returned to Washington University to pursue her post professional OTD. Her research interests include establishing and running a student experiential learning clinic for hand therapy and education and pedagogy for graduate OT students.

Previously, in clinical practice, Rose's interests included rehab for the overhead athlete, evidence based practice, and conservative treatment for wrist instability. She has provided continuing education lectures and labs for her colleagues in these areas. Rose also enjoyed serving as a field work educator and is proud to have students who have moved on to be honored with their CHT distinction.